WELL-BEING NAVIGATION

THIS PROGRAM SERVES AS A BRIDGE BETWEEN INDIVIDUALS SEEKING SUPPORT AND THE WELLNESS OPTIONS AVAILABLE.

The Well-being Navigation services connect immigrants with appropriate healthcare resources and support to improve their overall well-being.

Eligibility:

- PR holders
- Convention refugees

For more information, contact:

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- Assessing the needs of newcomer clients
- Providing information
- Guiding to navigate complex health and mental health systems
- Facilitating referrals to relevant community organizations or healthcare providers

This service is provided by JFS Ottawa & funded by IRCC

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JFS OTTAWA
JEWISH FAMILY SERVICES