



## Women's Peer Support Group

# Family Recipe Sharing

**SUNDAY AUGUST 24, 2025**  
**12:30PM - 1:30 PM**

**Outdoor Venue: Andrew Haydon Park**

- Bring your favorite home-made food to share with the group
- Introduce your recipe and learn new recipes from others
- We will add your family recipe into a Community Recipe Book for sharing!
- A family-friendly event with children's activities and volunteer opportunities for youth
- Enjoy the summer outdoor and make friends!

**Eligibility: Newcomer Families (PR Status Preferable)**  
**Please register EACH individual attending**  
**Language: English (with interpreters)**

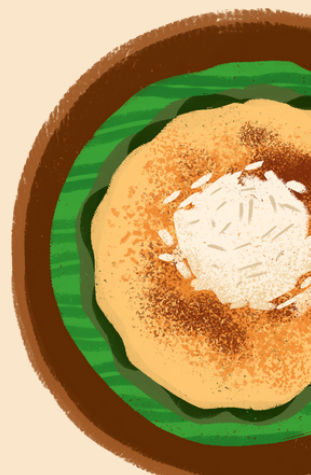
**Scan or CLICK  
to Register**



**Scan to join  
Telegram Group  
(English)**



**Scan to join  
WeChat Group  
(Mandarin)**



Inquiries can be sent to  
[mxiao@jfsottawa.com](mailto:mxiao@jfsottawa.com)  
for more information.