



JUNE 21, 2024 IMMIGRANT MENTAL HEALTH TRAINING

This workshop will provide front-line workers an overview of immigrants' shared experiences, and how to promote immigrants' mental health by raising their awareness of cultural transitions and navigating between home and new cultures, as well as their sense of belonging in a new country.

It also improves understanding of acculturation predictors and immigrant strategies, as well as how to support immigrants through a cultural humility approach and **trauma-informed care**.

This workshop is offered by JFS and funded by IRCC



Funded by:



Immigration, Refugees
and Citizenship Canada

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Immigration, Réfugiés
et Citoyenneté Canada

CHALLENGES OF
RESETTLEMENT

TRAUMA-INFORMED
CARE

CULTURAL HUMILITY
APPROACH

UNDERSTANDING
ACCULTURATION
AND
ACCULTURATION
PREDICTORS

This training will be **HYBRID**
from 10 a.m. to 1 p.m.
For registration

<https://forms.office.com/r/JaqEvxwJBY>

Or contact

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