## **Newcomer Mental Health Training**

## Training for front-line workers



## Jewish Family Services provides a FREE Series of four sessions for front-line workers

These sessions are designed to provide resettlement workers and other frontline employees who work with newcomers an overview of the shared experiences of immigrants as they embark on individual or group resettlement journeys.

For information and registration, please contact: Lamia Al-Ansari Ilalansari@jfsottawa.com or 613-301-4837

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Immigrant Mental Health training for front-line workers (In-person)

On April 12, 2024



Understanding and Dealing with Racism and Oppression (On-line)
On May 3, 2024



SELF-CARE; Practical Strategies for Front-line Workers (In-person) On May 24, 2024

