

Centre juif de services familiaux d'Ottawa המרכז היהודי לשירותי משפחה באוטווה 5782-5783 | 2022-2023



VISION

Together, we create stronger and healthier communities where everyone can live with dignity and respect.

MISSION

Our work is grounded in Jewish values and we seek to build a community through the pursuit of social justice and inclusivity.





Community (Kehillah): Creating community through connection and healing, fostering a sense of belonging and purpose for everyone.

Respect (Kavod): Recognizing that everyone is unique and must be respected for who they are in the world, we treat each individual with respect and dignity.

Repairing the World (Tikkun Olam): Making our community and our world better.

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JFS OVERVIEW

The JFS team provides services and supports to community members throughout their life. This lifelong commitment to service has made a significant impact on building a stronger and more diverse community.

The following pillars represent the interconnected services that we offer clients of all ages, an approach that is unique to JFS.



EMPOWERING SENIORS

Helping senior communities and their families to navigate the aging journey through specialized and directed services tailored to the needs of older adults and seniors.



MENTAL HEALTH AND WELLNESS

Caring for our clients, where they need it, when they need it and how they need it through culturally informed clinical and supportive counselling services.



INCLUSIVE SOCIAL SUPPORTS

Easing the negative effects of social disconnection and economic insecurities to support families and individuals to participate fully in community life.



STRONG AND DIVERSE COMMUNITY

Reflecting the diversity of the people we serve, JFS supports Ottawa's ethno-cultural, equity-seeking and newcomer communities.

TIKVAH

Our Tikvah program supports Jewish individuals and families through case management, advocacy, direct financial assistance, holiday distributions, and access to food security programs.



Throughout the year, 72 families receive support, including direct financial assistance. This is a 20% increase in families from last year.

The Tikvah program was a saving grace in large part due to my counsellor's support and the resources the program offered me in this challenging time... The Tikvah program touched me so deeply as I felt I was not alone in this hard time and was part of a community.

- TIKVAH CLIENT

135 families received holiday distributions.

136 families every month access fresh fruit and vegetables from Miriam's Well. This is a 13% increase from last year.

SHALOM BAYIT

JFS offers compassionate, confidential, and anonymous support for women experiencing abuse.

This program is for Jewish women who have experienced verbal, emotional, physical, financial, sexual, spiritual/religious abuse, stalking/criminal harassment from a husband, boyfriend, or partner in the past or at present.

Specialized services include: crisis/support counselling, referrals, safety planning, discreet follow-up support, advocacy assistance, outreach, rights information and long-term therapeutic counselling. The focus of the counselling is to build resilience, provide healing from trauma and enhance our clients' sense of safety.

The Shalom Bayit counsellors supported over 40 clients, a 40% increase from last year.

Our counsellors are committed to raising the awareness of intimate partner abuse in our community and are regularly called upon to share their expertise with other groups.



SENIORS

Our team supports seniors in our community, moving them from isolation to inclusion. In a culturally safe environment, we promote healthy aging and work hard to ensure our seniors live with dignity, respect and compassion.

My mother loves everything about the Adult Day Program and yesterday she told me that one of the best parts is that the staff listen to her ideas for programming. She feels listened to, she feels validated. Honestly, this is the greatest gift one can give a person.

- SHEREEN

The Seniors team supported the wellbeing of 1,500 seniors including 63 Holocaust survivors.

The team continues to manage a 20X increase in clients reaching out to us every month for support.



THE COUNSELLING GROUP

Counselling services are offered in fourteen languages on a sliding scale with the vision of making mental health counselling accessible to all who seek it. Our unique model allowed us to offer some type of subsidy to 70% of our clients.

Starting counselling with TCG had been a great experience. I needed a timely start and wanted to be seen by a BIPOC counsellor. TCG understood and prioritized my request, and I felt triaged appropriately. My counsellor is understanding, empathetic and has been helpful with checking in, keeping to my goals.

- THE COUNSELLING GROUP CLIENT



Our team of highly trained professionals provided service to 1,700 community members through 9,500 counselling sessions. This reflects an 8% increase in sessions over last year.

THE WALK-IN COUNSELLING CLINIC

The Walk-In Counselling Clinic (TWICC) provides culturally appropriate, same day, single session, no-cost counselling services to those in need. Coordinated by JFS Ottawa, the Clinic is operated by over 20 agencies and has community-based locations throughout Eastern Ontario.

They make you feel good about yourself and are very understanding of the situations you are facing. They show love, empathy and care which you have not felt at all elsewhere.

- THE WALK-IN COUNSELLING CLINIC CLIENT



This free program provided over 2,000 sessions, supporting 2,200 clients.

STREETSMARTS

StreetSmarts is a street-based outreach program that offers resources, referrals, and basic supplies to Ottawa's downtown homeless population.



Underlying all of the painful realities (of volunteering for StreetSmarts), is the beautiful reality that we are all family, we are all connected, and we are all responsible for the spiritual, emotional, mental, and physical well-being of one another.

- MATTHEW SEGAL

The StreetSmarts outreach teams regularly see over 75 clients every day throughout the year.

SETTLEMENT SERVICES

JFS offers a variety of programs for newcomers to Ottawa to help support their adaptation and integration to Canada.



We would like to thank you very much for the efforts that you have made in helping us, as we are newcomers to Canada. We will not forget what you have given us by helping my children with volunteer work, referring us to the tax clinic and searching for work. You dealt with us with all respect, and you were with us, step by step, to guide us through our settlement journey.

- ALAA KIKI

Our international team supported almost 3,600 newcomers to Canada, coming from 10 countries, supporting them in Arabic, Cantonese, Dari, Farsi, French, German, Hebrew, Mandarin, Russian, Somali, Taiwanese, Ukrainian and Urdu. Their work reflects a 55% increase from last year.

PROGRAM FUNDERS AND MEMBER AGENCIES

JFS OTTAWA IS A PROUD MEMBER AGENCY OF:

Access MHA

Alliance to End Homelessness

Champlain Community Support Network

Champlain Mental Health & Addictions Group

Family Service Ontario

Local Agencies Serving Immigrants

Multifaith Housing Initiative

Network of Jewish Human Services Agencies

Ontario Coalition of Agencies Serving Immigrants

Ontario Community Support Association

Ottawa Coalition to End Violence Against Women

Ottawa Health Team (Ontario Health)

Ottawa Hospice Palliative Care Network

Ottawa Local Immigrant Partnership

Refugee 613

Social Planning Council of Ottawa

Support Services Network for Male Survivors

JFS OTTAWA RECEIVES FUNDING FROM:

The Alfred Landecker Foundation

The Azrieli Foundation

Bell Let's Talk

Canadian Women's Foundation

Carefor

City of Ottawa

Conference on Jewish Material Claims Against Germany

Employment and Social Development Canada

Friends Bingo Association

Immigration, Refugees and Citizenship Canada

J.P. Bickell Foundation

Jewish Federation of Ottawa

JFSO Tzedakah Foundation

Ontario Health

Ontario Health East/Champlain Local Health Integration Network

Ontario Ministry of Community and Social Services

Ontario Ministry of Labour, Training & Skills Development

Ontario Ministry of Seniors and Accessibility

Ottawa Community Foundation

Ottawa Jewish Community Foundation

RBC Foundation

Royal Ottawa Hospital

Telus

United Way East Ontario

MESSAGE FROM THE BOARD PRESIDENT AND EXECUTIVE DIRECTOR

After two years of mostly virtual work, we were happy to concentrate on reconnecting in person this year! We are so proud of the team's flexibility and commitment to adapting to and running critical virtual services during COVID.

To adapt to our ever-changing landscape, we are fully committed to a hybrid model of work for our staff and for the services we offer. This was supported by an increased use of cloud computing and using more secure hybrid technologies.

Our team continues to manage the increased and on-going demand created over the last 3+ years--some units saw a 20x increase in the number of community members coming to us for support. While there was a much-needed influx of emergency funding coming to us throughout the pandemic, this flow of funds has concluded. Regardless, our team is committed to maintaining the care we provide. We support this ongoing commitment through scaled-up fundraising efforts and negotiating with funders, all while advocating, alongside our sector colleagues for government funding model changes. We are thankful for continued support from several corporate and family foundations and funding agencies who awarded us funds throughout the year. Special thanks go to the Jewish Federation of Ottawa, whose flexibility and support through our community funding and through a series of one-time grants have helped our community tremendously this year.

WITH COMMUNITY, RESPECT AND TIKKUN OLAM

Here are some highlights that we want to share with you:

As a **Settlement** organization we played a large role in supporting Ukrainian newcomers in critical ways with the help of many partners, both in Ottawa and across Canada.

Our **Seniors Unit** continued to see an increase in need, especially related to Kosher Meals on Wheels, case management and our Adult Day Program. The unit also launched an intergenerational program with the Ottawa Jewish Community School to bring students together with Holocaust survivors. This program helped both youth and survivors to gain a better understanding and a greater appreciation of each other.

Mental health services are needed more now than ever, and we responded with our professional hybrid counseling and a new digital intake portal. This change to the first step towards counseling with our team successfully shortened wait times. The unit also introduced multi-lingual psychoeducational testing to our menu of services. The number of community members needing financial help to access mental health care continues to rise. Last year our team subsidized 70% of their sessions.

The rising cost of living, especially the cost of food and the continuing challenges facing many in our community have created an increase in demand for our **Tikvah** services.

Many of our clients have experienced increasing isolation throughout the past 3 years and the Tikvah team has been working on finding new and creative ways to increase social engagement through regular gettogethers in the community

Our **Shalom Bayit** program saw an increase in community members experiencing domestic violence and the team worked with our funder and community partners to create new partnerships and strengthen our community response.

Our **StreetSmarts** program expanded their outreach to unhoused community members at Dundonald Park, putting into action our philosophy of supporting community where they are and how they need it.

We had to be flexible and resourceful to meet growing demand with tight resources. To keep up we have continued to nurture existing and creating new collaborative partnerships. This cross-agency cooperation has led to successful programs like our mental health workshop for frontline settlement workers, providing training around culture shock, mental health, self-care and more. We hope to see more of this kind of internal and external creativity and sharing. We were strongly represented at Jewish community events, on many mental health and senior sector tables and were invited to share our expertise through numerous speaking opportunities. We were also humbled to receive honors from colleagues and media attention throughout the year.

We are very thankful to our donors who truly care for their community. Whether you are a one-time donor, monthly, corporate or legacy donor, you are needed and appreciated. Thank you. Volunteers are core to JFS, and they increase our capacity to deliver our programs and services. Volunteers also serve on our Board of Directors, as Annual Members and as Committee members.

The Board of Directors supported several key projects this year, including the development and approval of our 2023-2027 Strategic Plan, updating the JFS By-Laws to be compliant with the Ontario Not-for-Profit-Corporations Act (ONCA) and promoting continued fiscal sustainability and growth. Staff and Board had a joint storytelling session which was focused on us telling our JFS story in a compelling, concise way. It's not an easy thing to do, when we offer so many amazing programs and services. Staff and board members shared what words came to mind when they thought of JFS. Words came up such as "everyday miracles," "small acts of sunshine" and "each person embodies a world." Hearing these words describe what we do strongly illustrates that we want to make a positive difference through our service.

We would like to thank the Staff, Managers and Directors of JFS for helping to put our values into action through the work they do every day. Your work is not easy, but your passion, dedication and hard work are obvious. Thank you for putting so much care into your interactions with clients. Thank you to all our volunteers who dedicate their time to supporting JFS. Together, we create stronger and healthier communities where everyone can live with dignity and respect. Thank you all for your dedication,



AVIVA BEN-CHOREEN, PRESIDENT



SARAH CASPI, EXECUTIVE DIRECTOR

JFS BOARD OF DIRECTORS 2022-2023 AND COMMITTEES

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Matthew Conley

Vice President

Dr. Nili Kaplan-Myrth

Secretary

Joanne Gorenstein

Treasurer

Dr. Mark Luden

Past President

Kanika Arora

Cecile Bensimon

Shereen Miller

Dr. Alan Karovitch

Jeremy Rudin

Harland Tanner

Laila Wex



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Cecile Bensimon

Dr. Alan Karovitch

Jeremy Rudin

Harland Tanner

Sarah Caspi (staff)

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Sarah Caspi (staff)

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Laurie Chochinov (staff)

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Cecile Bensimon

Sherill Besser

Matthew Conley

Dr. Mark Luden

Laila Wex

Sarah Caspi (staff)

Michael Gershuny (staff)

NOMINATING COMMITTEE

Dr. Mark Luden (chair)

Aviva Ben-Choreen

Andrea Gardner (staff)

STRATEGIC PLAN

As a family services agency making a difference everyday within the community, it is our responsibility to ensure constantly that our work and energy is focused on our core mission: grounded in Jewish values, we will build a community through the pursuit of social justice and inclusivity.

With support from staff and community, our Board engaged a consultant to help guide us through the process of developing our next Strategic Plan. This plan relied on and was created with the active participation of staff, community partners, donors and private funders.

After a busy year of work, our new Strategic Plan was approved and is now being put into action through unit consultations. We are enjoying this process and are looking forward to taking all of the information and building plans to achieve our priorities.

OUR NEW STRATEGIC PLAN SUMMARY

MISSION

Our work is grounded in Jewish values and we seek to build a community through the pursuit of social justice and inclusivity.

VISION

Together, we create stronger and healthier communities where everyone can live with dignity and respect.

VALUES

COMMUNITY (Kehillah)

Creating community through connection and healing, fostering a sense of belonging and purpose for everyone.

RESPECT (Kavod)

Recognizing that everyone is unique and must be respected for who they are in the world, we treat each individual with respect and dignity.

REPAIRING THE WORLD (Tikkun Olam)

Making our community and our world better.

OUR PRIORITIES

Securing Today, Planning for Tomorrow



Lead, advocate and collaborate broadly for better service outcomes.



Foster a healthy and effective work environment.



Develop innovative responses to emerging risks and opportunities.



Tell the JFS story.



STRATEGIC PLAN 2023-2027

2022-2023 STAFF AND INTERN LIST

Fatima Abdo Marwan Abou Diwan Nimo Abubakar Sarah Agulnik Shakiba Ahmadi Amal Ahmed Hasna Alami Lamia Al-Ansari Sarah Alderwick Ayaa Al-Hamadi Sarah Al-Hemyari Mohammed Al-Sabbagh Basma Al-Taie Marina Andrawis Irina Balabanova Iris Beer Hoda Bimbachi Pamyna Bourgeois Rita Bourianova Shannon Bovey Ranit Braun Jessica Breault Sierra Bridgwater Jenna Bugera Sarah Caspi **Bradley Chabot** Kulvinder Chana Laurie Chochinov Nicolas Chranowsky Gilda Cohen

Lisa Cohen

Anne-Marie Corbett Wendy Cotton David Dern Stephanie Dugdale Caroline Duniya Aya El Balaa Fatima Faris Nilofar Fattahi Elena Fedorova Kelly Firth Sharon (Shoshana) Freedman Andrea Gardner David Garmaise Michael Gershuny Linoy Gofman Victoria Gofman Jennifer Goldberg Jennifer Grindon Ana Guerra Amal Halim Bahara Hamidi Jesse Henneberry Wen-Jean Ho Sabine Jean Christopher Johnson Donia Jomaa Aidan Kaplan Ghadir Kawar Anat Kidron

Mujica Ping (Jessica) Lin Clara Luck Liza Maarouf Ifrah Mahamoud Wai-Meng (Florence) Mak Katherine Marr Victoria Martindale Layla Matar Alla Mazor Karen McIntosh Olha Men Jennifer Moanda Jennifer Munroe Rana Musa Kaltoun Mussa Rosine Nabitanga Safia Nawaz Amira Nazarali Liudmyla Neverytska Tal Ohana-Palgi Sylvie Paul Marlin Pearl Tatiana Pena-Pineda Mirjana Pobric **Geoffrey Pross** Mariana Rakiteansky Valerie Repta **Shelley Rivier** Quinn Rivier-Gatt Julia Sage

Florencia Saslavsky Joshua Saslove Jeffrey Scharf Jordana Shainbach Dmitri Shkliar George Sladowski Gabriella Stern-Young Shannon Sweeting-Woods Agnieszka Szymanowicz-Yalcin Samoon Tasmim Valleria (Valerie) Taylor Laura Thomas Olga Timakova Esperance Umutesi Carmen Urbina

Gohar Vardanyan Jamie Vivaraies Fathia Warsama Mikaela Wasserman Lisa Webne-Behrman Gabrielle Wilson Stephanie Wolfert Evelyn Wong Dalia Wood Rebecca Worden Ingrid Wright Qing (Emily) Xia Angela Xu Junjie (Kevin) Yin Ella Zabarsky Julia Zannini

In recognition of all of our JFS team and their dedication to the people we support at JFS. And to those celebrating milestone anniversaries:

5 Years

Tal Ohana-Palgi Wen-Jean Ho Victoria Gofman Quinn Rivier-Gatt Dmitri Shkliar Basma Al-Taie

Kulvinder Chana Laura Thomas

10 Years

Hasna Alami George Sladowski

WHEN THE LIGHT FADES

IN HONOUR OF THE VOLUNTEERS AND CLIENTS WHO HAVE LEFT US THIS PAST YEAR.

They often rise with the sun, ready to fulfill their daily obligations of mitzvah and in the honouring of their commitment, they bring joy to those people who have too little joy in their own world.

Rubeen Kidwai

Marianela Leon De

Their smile brings to the daily routine, a bit of sunshine where none might have lived before their visit; their warmth and kindness reaches into the

homes and hearts of the fortunate few who benefit from the long reach of their compassion.

And when they leave us, we who are left behind, must work to fill the empty wake of their passing with the memories they've left for us.

They will always be well remembered in our hearts.

OUR VOLUNTEERS

Stephen Acker Leila Ages Ethelyn Agulnik Ilana Albert-Novick Sharon Appotive Eli Arkin

Stephen Aronson
Kanika Arora
Tina Azarin
Michael Baker
Aviva Ben-Choreen
Cecile Bensimon
Shereen Benzvy-Miller

Mariya Berger Arthur Berger **Judy Berger** Michael Bezlient Raphael Brass Leslie Breiner Hazeline Brown Hannah Cammy Rebecca Caplan Mitch Charness Matt Conley Lorne Cutler Murray Diamond Eva Eichler Zahava Farber Sydney Featherman

Lisa Fischer

Martin Freeman

Eva Fried Paul Gardner Victor Gatt **Howard Geller** Harvey Goldberg Max Greenberg Ira Greenblatt Les Grumach Tracy Hartman Susan Heisl Bill Holzman Jonathan Honey John Jackson George Johnstone Janet Kaiman Marsha Kaiserman Murray Kaiserman Joanne Kalman **Bob Kaminsky** Aidan Kaplan Nili Kaplan-Myrth

Dean Kathron Shelly Kimmel Mike Klein Mishel Kogen Chana Krevsky Stanley "Skip" Kronick Olivia Lassaline

Olivia Lassaline Riva Levitan Xian Chun Liang

Allan Karovitch

Laura Lozanski Dr. Mark Luden John Lunn

Sarah MacRitchie Natalia Markova Lola Meakin Ian Melzer

Marina Milyasvkaya Sharon Mintz Vadim Mittelman Steve Morgan Jordan Morgan Tammy Myers Emma Neumann Antica Niksic David Nozick Natasha Ovodova Erica Phillips

Erica Phillips
Sandy Pollack
Sabrina Price
Esther Rosenberg
Esther Rossman
Inessa Rozina
Lawrence (Larry)
Rubenstein
Jillian Russell

Joel Sachs Charles Schachnow Wesley Schacter Rabbi Joel Scher

Fayez Saadeh

Sheila Senman Steve Senman Kashayar Shariati

Erica Sher
Hugh Shewell
Jenny Shinder
Jessica Shulman
Adele Sidney
Jeff Sidney

Jacqueline Sitwell
Linda Steingarten
Dana Strauss
Howard Strauss
Donna Strauss
Harland Tanner
Steve Tessler
Elena Tetelbaum
Marieanne Thottungal

Nancy Werk
Candice Wilder
Batia Winer
Glen Wolfson
Sid Woznica
Toby Yan
Joel Yan
Gabriella Young
Sandra Zagon

Rony Zamor

To those we may have missed, we offer our sincerest apologies.

THANK YOU VOLUNTEERS

We owe a tremendous debt of gratitude to our volunteers, without whom we would not be able to go that extra mile. Our volunteers' altruistic acts of kindness enrich our community and society and provide us with a precious resource.

THE FUTURE OF THE JEWISH COMMUNITY IS IN YOUR HANDS.



Todah Rabah to our Legacy Donors!

Stephen Acker, Mitchell Novick and Ilana Albert-Novick, Aviva Ben-Choreen, Elishua Ben-Choreen, Sarah Caspi, Laurie and William Chochinov, Lorne Cutler, Sierra Cwinn, David Dern, John and Dayra Diener, Paul Gardner, Andrea Gardner, Carol Gradus, Jessica Greenberg, Michael Henschel, Alan Karovitch, Ora Kendall, Barbara and Steve Levinson, Richard Roth and Riva Levitan, Mary Alice and Lewis Retick, Mark Luden, Patsy Mallek Royer, Jeremy Rudin and Nina May, Sol Meyer, Rebecca Ariella Mintz and Geremy Miller, Sandra Pollack and Steven Poleski, Janice Pleet, Frank and Margo Rosen, Rabbi Idan and Shifra Scher, Graham and Erica Sher, Sol and Zelaine Shinder, Jenny and Jason Shinder, Adele and Jeffrey Sidney, Mira Sucharov, Deborah and David Weinstein, Kenneth Wright, Sandra Zagon and 10 Anonymous donors

To create YOUR Jewish legacy, contact: David Dern, Director of Development ddern@jfsottawa.com | 613-722-2225 ext. 325 www.JFSOttawa.com/donate/life-and-legacy





RESPECT | COMMUNITY | REPAIR THE WORLD

JEWISH FAMILY SERVICES

Annual General Meeting 2023

Tuesday, September 7th | 7:00-8:00 pm | Soloway JCC

Elaine Rabin Award presented to:

Maidan Market

Volunteer of the Year Award presented to:

Dr. Mark Luden

Join us

on September 7 to help us celebrate another year of nurturing a stronger and supportive Jewish community and a more inclusive Ottawa.

ELAINE RABIN SOCIAL SERVICES AWARD

This year's award recipient is Maidan Market.

Since the late 1990s, JFS has been working with newcomers to support their adaptation and integration into Canadian life. Last year our settlement services supported newcomers from 10 countries, including those fleeing the war in Ukraine.

As an established settlement agency, we have relied heavily on a compassionate community of Canadians and Ukrainians to help ease this displaced community's transition to life in Canada. One newly established local organization has become an integral partner of ours, ensuring their fellow Ukrainians are welcome and supported when they arrive to Ottawa.

Maidan Market is an initiative that was established by the Ukrainian Canadian Congress in May 2022 in response to the number of displaced Ukrainians that were taking advantage of Canada's generosity in creating a pathway to safety and stability during a time of war. As a storefront location in Westgate Shopping Centre, Maidan Market began as a place for people to access clothing, food supplies and household items as they began to settle in Ottawa. Over time it has also become a Welcome Hub connecting staff and volunteers to newly arrived Ukrainians, providing essential settlement services and supports as well as being a learning centre, offering conversational English classes, and employment support.

JFS is proud to be one of the partner agencies involved with Maidan Market not only in seconding a settlement outreach worker to be onsite, but also knowing that we can confidently refer our clients to access culturally and linguistically safe services.



VOLUNTEER OF THE YEAR AWARD

This year's JFS Volunteer of the Year award recipient is Dr. Mark Luden.

Mark started as a volunteer with JFS when he joined the Board of Directors in 2016. After 3 years on the Board, Mark assumed the role of Co-President with Steve Morgan and successfully led the Board and the Agency through tremendous growth and, with a steady hand, through the Pandemic.

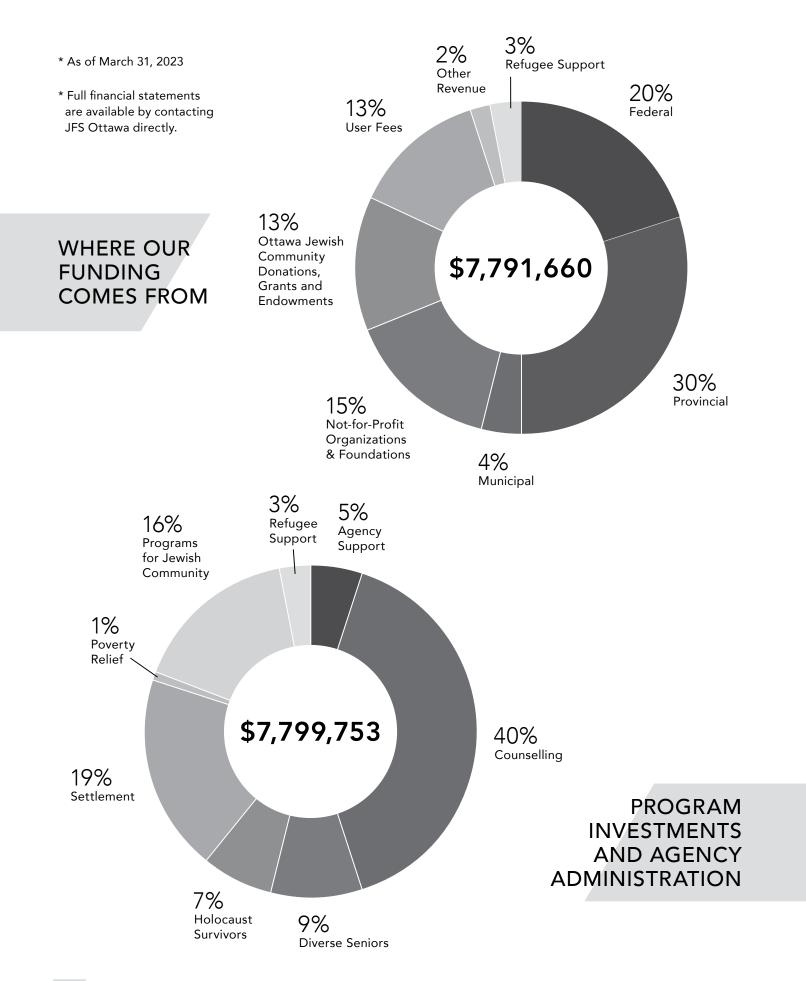
Throughout every moment of Mark's time as a JFS volunteer he has demonstrated kindness, dedication and strong leadership, regardless of what he was doing for the Agency. Mark played an important role in strengthening our Board infrastructure and culture and was President during some significant times in our JFS history. He co-led the recruitment, selection and hiring of a new Executive Director, he continually helps us create a stronger, healthier agency and showed incredible leadership and compassion during the first two years of COVID-19. Mark has been with us through a lot!

Mark is a corporate sponsor, an annual supporter and a Life & Legacy donor helping to ensure that we can provide our services not only today, but into the future. Mark is a true ambassador for JFS, sharing information about our services and referring people to us who could benefit from our team's work.

Mark demonstrates his respect for the staff and clients in all his actions. Mark attends staff events, trainings, and programs and he initiated several ways to acknowledge and thank staff including providing honey to staff for Rosh Hashanah.

Thank you Mark for the work you do not only for us at JFS but the work you do in the community for CHEO, the JFS Tzedakah Foundation and for your congregation.













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NOTES





Thank you for trusting us to identify the needs of our community and to develop responsive and innovative programs that make a difference.







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jfsottawa.com

