

DIVERSE SENIORS PROGRAM CALENDAR

February 2023

Day	Date and Activity	Date and Activity	Date and Activity	Date and Activity
Monday 9:00-10:00	6 Feb: Basic English Class On Zoom Instructor: Farimah	13 Feb: Basic English Class On Zoom Instructor: Farimah	27 Feb: Basic English Class On Zoom Instructor: Farimah	OFF 20 February Family Day
Monday 9:45 -11:15	Exercise & Socialization Instructor: Krishna	Exercise & Socialization Instructor: Krishna	Exercise & Socialization Instructor: Krishna	
Monday 11:15-12:30	One on One Meetings with Clients 11:15-12:30	One on One Meetings with Clients 11:15-12:30	One-on-One Meetings with Clients 11:15-12:30	One-on-One Meetings with Clients 11:15-12:30
Wednesday	01 Feb: OUTDOOR SOCIAL Activity at Food Court Bayshore Mall 9:30 -1:00 pm	08 Feb: Painting Course 9:30 - 11:30 am <u>Impressionist painting</u> using Claude Monet's painting. Instructor: Sheila Denetto	15 Feb: Painting Course 9:30 -11:30 am <u>Impressionist painting</u> using Claude Monet's painting. Instructor: Sheila Denetto	22 Feb: Painting Course 9:30 -11:30 am <u>Impressionist painting</u> using Claude Monet's painting. Instructor: Sheila Denetto
Wednesday 11:15-12:30	One on One Meetings with Clients 1:00-2:00	One on One Meetings with Clients 11:30-12:30	One-on-One Meetings with Clients 11:30-12:30	One-on-One Meetings with Clients 11:30-12:30

Thursday 9:30-11:00	02 Feb Happy Circle of Wellness Instructor: Maria Anita	09 Feb Happy Circle of Wellness Instructor: Maria Anita	16 Feb Happy Circle of Wellness Instructor: Maria Anita	23 Feb Happy Circle of Wellness Instructor: Maria Anita
Thursday 11:15-12:30	One on One Meetings with Clients 11:15-12:30	One on One Meetings with Clients 11:15-12:30	One-on-One Meetings with Clients 11:15-12:30	One-on-One Meetings with Clients 11:15-12:30

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