

## DIVERSE SENIORS PROGRAM CALENDAR

**November 2022**

Day	Date and Activity	Date and Activity	Date and Activity	Date and Activity	Date and Activity
<b>Monday</b> 9:00-10:00	<b>07 Nov:</b> Basic English Class On Zoom	<b>14 Nov:</b> Basic English Class On Zoom	<b>21 Nov:</b> Basic English Class On Zoom	<b>28 Nov:</b> Basic English Class On Zoom	---
<b>Monday</b> 9:30-11:15	<b>07 Nov:</b> Exercise & Socialization	<b>14: Nov</b> Exercise & Socialization	<b>21 Nov:</b> Exercise & Socialization	<b>28 Nov:</b> Exercise & Socialization	----
<b>Monday</b> 11:15-12:00	<b>07 Nov</b> One on One Meetings with Clients 11:15-12:00	<b>14 Nov</b> One on One Meetings with Clients 11:15-12:00	<b>21 Nov</b> One-on-One Meetings with Clients 11:15-12:00	<b>28 Nov</b> One-on-One Meetings with Clients 11:15-12:00	----
<b>Wednesday</b> 9:00-1200	<b>02 Nov</b> <b>CRA</b> presentation on SCAMS and seniors' Tax Credits and Benefits	<b>09 Nov</b> Painting Course <b>(A Vase of Flowers)</b>	<b>16 Nov</b> Painting Course <b>(A Vase of Flowers)</b>	<b>23 Nov</b> Painting Course <b>(A Vase of Flowers)</b>	<b>30 Nov</b> Smart Devices <b>In-person</b> at OCISO 9-12 pm
<b>Wednesday</b> 11:15-12:00	<b>02 Nov</b> One on One Meetings with Clients	<b>09 Nov</b> One on One Meetings with Clients	<b>16 Nov</b> One on One Meetings with Clients	<b>23 Nov</b> One on One Meetings with Clients	<b>30 Nov</b> One on One Meetings with Clients
<b>Thursday</b> 9:30-10:30	<b>03 Nov</b> Zumba Fitness for Seniors and socialization	<b>10 Nov</b> Zumba Fitness for Seniors and socialization	<b>17 Nov</b> Zumba Fitness for Seniors and socialization	<b>24 Nov</b> Zumba Fitness for Seniors and socialization	