

# October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7	8
<p><b>When the East meet the West, the Beauty Begins</b>  <b>7:00-8:30 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p>	<p><b>English conversation for Newcomer seniors</b>  <b>2:00-3:30 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Newcomer Youth Leadership Program</b>  <b>“Get Ready to Work”</b>  <b>6:00-7:30 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Youth and Family Yoga Class</b>  <b>6:00-7:00 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Canadian Citizenship Test Preparation Workshop (English)</b>  <b>2:30-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p>	<p><b>Newcomer Information Workshop</b>  <b>10 – 11 am</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Kids Zoom Art and Cook Workshop at 4:00 pm</b>            Contact: 613-867-3361  <a href="mailto:Imaarouf@jfsottawa.com">Imaarouf@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (Somali)</b>  <b>3:00-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (English &amp; Arabic)</b>  <b>5:30-6:30 pm</b>            Contact: 613-769-3810  <a href="mailto:djomaa@jfsottawa.com">djomaa@jfsottawa.com</a></p>	

# October 2021

10	11	12	13	14	15
<p><b>“Newcomer Mentor Group Meet”</b>  <b>7:00-8:00 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p>	<p><b>English conversation for Newcomer seniors</b>  <b>2:00-3:30 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Newcomer Youth Leadership Program</b>  <b>“Get Ready to Work”</b>  <b>6:00-7:30 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Youth and Family Yoga Class</b>  <b>6:00-7:00 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Canadian Citizenship Test Preparation Workshop (English)</b>  <b>2:30-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p>	<p><b>Newcomer Information Workshop</b>  <b>10 – 11 am</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Kids Zoom Art and Cook Workshop at 4:00 pm</b>            Contact: 613-867-3361  <a href="mailto:Imaarouf@jfsottawa.com">Imaarouf@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (Somali)</b>  <b>3:00-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (English &amp; Arabic)</b>  <b>5:30-6:30 pm</b>            Contact: 613-769-3810  <a href="mailto:djomaa@jfsottawa.com">djomaa@jfsottawa.com</a></p>	

# October 2021

17	18	19	20	21	22
	<p><b>English conversation for Newcomer seniors</b>  <b>2:00-3:30 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Newcomer Youth Leadership Program</b>  <b>“Get Ready to Work”</b>  <b>6:00-7:30 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Youth and Family Yoga Class</b>  <b>6:00-7:00 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Canadian Citizenship Test Preparation Workshop (English)</b>  <b>2:30-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p>	<p><b>Newcomer Information Workshop</b>  <b>10 – 11 am</b>            Contact: Wen Jean Ho  <b>613-769-7130</b>  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Kids Zoom Art and Cook Workshop at 4:00 pm</b>            Contact: 613-867-3361  <a href="mailto:Imaarouf@jfsottawa.com">Imaarouf@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (Somali)</b>  <b>3:00-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (English &amp; Arabic)</b>  <b>5:30-6:30 pm</b>            Contact: 613-769-3810  <a href="mailto:djomaa@jfsottawa.com">djomaa@jfsottawa.com</a></p>	<p><b>Newcomer Mental Health and Wellness Support</b>  <b>10-11:30 am</b>            Contact: Lamia Al-Ansari            613-301-4837  <a href="mailto:llalansari@jfsottawa.com">llalansari@jfsottawa.com</a></p>

# October 2021

24	25	26	27	28	29
<p><b>“Newcomer Mentor Group Meet”</b>  <b>7:00-8:00 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p>	<p><b>English conversation for Newcomer seniors</b>  <b>2:00-3:30 pm</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Newcomer Youth Leadership Program</b>  <b>“Get Ready to Work”</b>  <b>6:00-7:30 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Youth and Family Yoga Class</b>  <b>6:00-7:00 pm</b>            Contact: Basma A-Taie            613-286-7298  <a href="mailto:baltaie@jfsottawa.com">baltaie@jfsottawa.com</a></p>	<p><b>Canadian Citizenship Test Preparation Workshop (English)</b>  <b>2:30-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p>	<p><b>Newcomer Information Workshop</b>  <b>10 – 11 am</b>            Contact: Wen Jean Ho            613-769-7130  <a href="mailto:who@jfsottawa.com">who@jfsottawa.com</a></p> <p><b>Kids Zoom Art and Cook Workshop at 4:00 pm</b>            Contact: 613-867-3361  <a href="mailto:Imaarouf@jfsottawa.com">Imaarouf@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test preparation workshop (Somali)</b>  <b>3:00-4:00 pm</b>            Contact: Fathia Warsama            613-301-4073  <a href="mailto:fwarsama@jfsottawa.com">fwarsama@jfsottawa.com</a></p> <p><b>Canadian Citizenship Test Preparation Workshop (English &amp; Arabic)</b>  <b>5:30-6:30 pm</b>            Contact: 613-769-3810  <a href="mailto:djomaa@jfsottawa.com">djomaa@jfsottawa.com</a></p>	