



JFS Talks:

HEALTHY AGING

Tuesday June 19, 7:00 - 8:30 pm
“Planning for your future”

Healthy aging is a process which includes thinking about your financial, medical and family issues.

Join Lisa Rossman, Manager of Thelma Steinman Seniors Support Services, and Laura M. Abitbol, Barrister And Solicitor as they discuss issues facing seniors today. Topics will include: Wills, POA (Power of Attorney), decision making and end of life and a Q&A portion.

Free of charge

For registration or questions,
please contact

Quinn Rivier-Gatt

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Workshops will be located at
Jewish Family Services

300-2225 Carling Avenue
Ottawa ON
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