



# Tikvah Nus!

SEPT. 2009

## Important dates:

### **Kosher Food Bank:**

Aug. 9 or 23

Sept. 13 or 27

Oct. 18 or 25

### **Miriam's Well:**

Aug 31

Sept 21 \*change of date\*

Oct 26

## Dates of High Holidays

Rosh Hashanah: Sept 19-20

Yom Kippur: October 9

Sukkot; first 2 days: Oct. 14-15

Shmini Atzeret/ Simchat Torah: Oct 21-22

## **\*ROSH HASHANA TIKVAH PARTY\***

COME CELEBRATE WITH APPLES & HONEY,  
TREATS, AND HOLIDAY INFO!

SEPT 10 AT 1:00 PM AT JFS

RABBI FINE WILL BE SPEAKING ABOUT THE  
CUSTOMS AND MEANINGS OF  
ROSH HASHANAH

## **Don't Forget To Renew Your Discount Card!**

On August 31, 2009 all discount cards  
will expire.

The next discount card will be valid from  
Aug. 2009- Aug. 2010.

Please contact your worker  
for renewal.

## ***Fun and Free in Ottawa this season!***

- Sound and Light Show every night at 9:00 and 10:00 on Parliament Hill
- Beaches (while the weather is still good!)  
Brittania, Mooney's Bay, Westboro,  
Petrie Island
- Hiking in Gatineau
- Visit RCMP Musical Ride Center



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