



Jewish Family Services of Ottawa
Centre juif de services familiaux d'Ottawa



Have you been a patient of a serious illness?

Do you wish that you could talk to people who understand what you've gone through?

illness Support Group

7 Sessions

Dates: February 28 - April 11, 2011
Monday Evenings, 7:00 pm

Jewish Family Services is providing a facilitated support group for members of the Ottawa Jewish community.

Come and learn the skills to support yourself and each other through the challenges of illness.

For more information or to complete an in-take interview please contact Michael Goldstein at 613.722.2225, Ext. 325 or mgoldstein@jfsottawa.com.

**Facilitated by Michael Goldstein and Rabbi Arnold Fine at Jewish Family Services
2255 Carling Avenue, Suite 300.**

www.jfsottawa.com