









# February 2010

## Thelma Steinman Seniors Support - Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Drawing Class 2:00 - 3:30 pm 	4 Kibbitz Club 12:00 - 1:45 pm <i>A Taste of Tuscany with Ricarda Smith</i> 	5 Candle Lighting 4:57 pm	6 Torah Reading <i>Parsha Yitro</i>
7	8 Monday Matinée 1:30 pm <i>Mamma Mia</i> 	9	10	11 Lomir Reydn Yiddish 10:00 - 11:30 am Yiddish Conversation Group 	12 Candle Lighting 5:07 pm	13 Torah Reading <i>Parsha Mishpatim</i>
14	15	16	17 Let's Do Lunch 12:00 - 1:45 pm Kathy Riley from OC Transpo 	18	19 Candle Lighting 5:17 pm	20 Torah Reading <i>Parsha Terumah</i>
21	22	23	24 Wonderful Wednesdays  12:00 - 1:45 pm <i>OC Transpo - Ridership Tips</i>	25 Lomir Reydn Yiddish 10:00 - 11:30 am Yiddish Conversation Group 	26 Candle Lighting 5:27 pm	27 Torah Reading <i>Parsha Tetzaveh</i>
28				 Jewish Family Services of Ottawa Centre juif de services familiaux d'Ottawa		

### ACTIVITY LEGEND



**Drawing Class**  
At JFS Offices  
613.722.2225



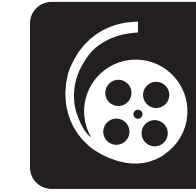
**Lomir Reydn  
Yiddish**  
At JFS Offices  
613.722.2225



**Let's Do Lunch**  
At Agudath Israel  
613.728.3501



**Wonderful  
Wednesdays**  
At Machzikei Hadas  
613.521.9700



**Monday Matinée**  
At Valley Stream Manor  
JFS 613.722.2225



**Kibbitz Club**  
At Beth Shalom  
613.789.3501



**Drawing Class**  
*Learn to Draw and Shade.  
Progress at Your Own Pace*

**Location:** JFS Ottawa  
**Contact:** Shaina  
613.722.2225 ext. 325  
**Cost:** \$10 for materials  
per 8 week session.



**Let's Do Lunch**  
*Kosher Catered Lunch*

**Location:** Agudath Israel  
1400 Coldrey Avenue  
613.728.3501  
**RSVP:**  
**Meet Kathy Riley from OC Transpo.**  
She will answer your questions regarding:  
priority seating, taxi coupons,  
ParaTranspo and more.



**Kibbitz Club**  
*Kosher Catered Lunch*

**Location:** Beth Shalom  
151 Chapel Street  
**RSVP:** Audrey  
613.789.3501  
Join Ricarda Smith as she takes us  
on a culinary tour for **A Taste of Tuscany.**



**Lomir Reydn  
Yiddish**  
*A Yiddish Conversation  
Group*

**Location:** JFS Ottawa  
**Contact:** Shaina  
613.722.2225 ext. 325  
**The Group meets twice monthly**  
to share anecdotes, idioms, music and  
literature. Pre-registration required.



**Wonderful  
Wednesdays**  
*Kosher Catered Lunch*

**Location:** Machzikei Hadas  
2310 Virginia Drive  
613.521.9700  
**RSVP:**  
**Meet Kathy Riley from OC Transpo.**  
She will answer your questions regarding:  
priority seating, taxi coupons,  
ParaTranspo and more.



**Monday Matinée**  
*"Mamma Mia"*  
*With Volunteers from  
Yitzhak Rabin High School*

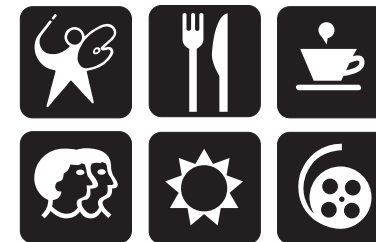
**Location:** Valley Stream Manor  
2 Valley Stream Drive  
**Contact:** Lisa  
613.722.2225 ext. 327  
**Cost:** \$3 per person



Jewish Family Services of Ottawa  
Centre juif de services familiaux d'Ottawa

**Thelma Steinman Seniors Support  
Program Calendar**

**February 2010**  
**613.722.2225**



Agudath Israel  
1400 Coldrey Ave.  
613.728.3501



Beth Shalom  
151 Chapel Street  
613.789.3501



Machzikei Hadas  
2310 Virginia Drive  
613.521.9700



Valley Stream Manor  
2 Valley Stream Drive

**Registration**

All classes and groups  
require pre-registration.  
Please contact Shaina  
613.722.2225 ext. 325

**Lunches**

All lunches are Kosher  
and cost \$10 per person.  
Please contact the participating  
synagogues directly.

**Transportation**

To and from all programs  
is available for a fee.  
Please contact Lisa  
613.722.2225 ext. 327

**Jewish Family Services of Ottawa**  
**2255 Carling Avenue, Suite 300**  
**Ottawa, ON K2B 7Z5**  
**info@jfsottawa.com**  
**www.jfsottawa.com**  
**613.722.2225**