



# Jewish Family Services Newsletter

## In Touch with the Community

Issue 53

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Winter Edition

### The Beginnings of an Ottawa Jewish Community Crisis

by Mark Zarecki, JFS Executive Director

The Jewish community of Ottawa is not immune to the current economic downturn.

Many people who were living on the financial margins have been pushed over the edge by the current crisis. People who were living day to day on low incomes can no longer afford to continue living when they lose their jobs.

JFS is already witnessing how the challenges of the economic downturn are affecting people's day to day lives: The Miriam Well fresh fruits and vegetables distribution has experienced a 20% increase in requests for help over the past four months, counselling clients who were paying full fees are requesting cuts in our charges as they are no longer employed, and Tikvah, our anti-poverty program, is experiencing more frequent client crisis due in part to increased financial stress. We have gone from four to five crisis a week to four to five crisis a day, stretching our staff to the limit.

**We are getting more community referrals about people who are in need but are afraid or ashamed to call for assistance.**

On the reverse side, the Jewish Family Services Tikvah campaign experienced a drop in donations this year due to the harsh economic climate. As a result, JFS has been forced to reduce our Passover assistance. Passover last year we served 336 individuals, nearly 200 families. This year our list has been scaled down to 214 individuals, just over 100 families. The amount we are giving out has also decreased from \$75 to \$50 per person. This year, a mother with 3 children will receive \$200 where last year they would have received \$300, despite the fact that they still have the same needs and the cost of preparing for Passover has not decreased.

One Tikvah counsellor expressed her concern about the new reality: "Clients are coming in nervous when we are doing their Tikvah application renewals and we are getting more community referrals about people who are in need but are afraid or ashamed to call for assistance. Clients are discussing the

expense of food and telling us that they do not know what they would do without Miriam's Well, Kosher food bank and Tikvah monthly allocations. I am also seeing people who were making it on their own, starting to call for assistance."

As I noted, demand is increasing and agency financial capacity for direct assistance is declining.

These are just a few signs of the dramatically changing international economic climate. As you hear from the media, you know that we are looking at a long term economic contraction that at worst, may rival the Great Depression, but minimally will certainly impact for many years to come.

The current economic state has major implications for our agency and broader Jewish Communal priorities. The Jewish Federation is also now indicating they will not be able to meet the second year of their two year allocations commitment. **The Jewish Federation must place a higher priority on its allocations to those who are becoming financially challenged. Donors must place a higher priority on direct assistance and service.**

The world economy has changed, and our Jewish communal priorities must change to reflect the new reality of needs.

### JFS is a Beneficiary Agency of:

Champlain Local Health Integration Network  
Citizenship & Immigration Canada - ISAP  
City of Ottawa  
Friends of JFS  
International Commission on Holocaust Era Insurance Claims and the Conference on Jewish Material Claims Against Germany  
Jewish Community Foundation  
Jewish Federation of Ottawa  
Jewish Immigrant Aid Services of Canada  
MALKHUT fund of the JCF  
Ontario Ministry of Citizenship - NSP  
Ontario Trillium Foundation  
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United Way/Centraide Ottawa

# Repairing the World תיקון עולם

by Jeremy Miller, JFS

In order to understand our motives, what makes JFS the premier social service agency in both the Jewish Community of Ottawa and greater Ottawa, we need to understand and explain the meaning of *tikkun olam*.

*Tikkun olam* (repairing the world) has come to signify social justice. It encompasses both *tzedekah* (charity), and *gmleut chassidum* (acts of loving kindness). Most importantly, *tikkun olam* is not an insular ideal whose relevance only lies within the Jewish Community. Rather, *tikkun olam* addresses the society in which we live and how we can, as individuals, as a group, and as an agency, improve the lives of all those around us.

Since its founding, Jewish Family Services has prided itself on its community outreach. The first JFS community outreach initiative began with the mentoring of the Somali Family Services center. The City of Ottawa had asked JFS to mentor this Moslem community, a new community to Ottawa with high needs. The Somali community leadership was prepared to work with JFS, although Somali members did not want to meet in a Jewish building and were hesitant to work with Jews. However, we managed to overcome this challenge and to build bridges together. Today at the Somali meetings, kosher food is offered for the JFS Director. Also, most Somali Moslems have positive feelings towards Jews because of this relationship.

JFS has a StreetSmarts program that reaches out to the Ottawa homeless population. Although our focus is to identify Jewish homeless, our volunteers serve all the homeless. Unfortunately, the Jewish community is not viewed as a community that helps others. StreetSmarts is helping to break that stereotype by offering a non-judgmental helping hand that just happens to be Jewish.

The Inez and Joseph Zelikovitz Settlement Unit serves the immigrant populations of Ottawa. JFS has been able to take a uniquely Jewish settlement service and transform it into an opportunity to work with and help to improve the lives of members of other ethnic communities living in Ottawa. This year, JFS instituted an outreach program that provides information and referrals in Arabic, Somali, and Russian for non-Jews. Once again, most of these clients come from countries that foster negative

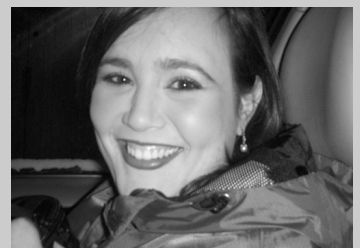
attitudes towards Jews. JFS' support of other communities has served to transform many negative attitudes towards Jews into a more favourable and realistic view thus demonstrating that *tikkun olam* has real and positive consequences.

The Thelma Steinman Senior Services Unit is using the settlement model to create services for seniors from a variety of backgrounds who do not speak English or French. The concept is to provide appropriate senior services modeled on JFS' seniors unit. With funding through the Champlain Local Health Integrated Network (LHINs), JFS is currently hiring culturally and linguistically sensitive staff. They will be placed in various partner Somali, Chinese, and Arabic speaking agencies, and in Ottawa's Russian and Sikh communities. JFS will work with these communities and assist them in developing programs that will address the specific cultural and linguistic needs of their individual senior populations.

JFS is a leader in working with other agencies advocating for all those who are less fortunate. We are more often than not, the only Jewish voice. A benefit of our outreach endeavours has been a new willingness for communities to work together, breaking down the barriers that have only served to isolate us from each other. It is through mutual understanding, respect and the recognition of our commonalities that enables JFS to act as a model on which the world may be allowed to heal.

## Welcome to ERICA BREGMAN, JFS Jewish Connections Worker

We are happy to welcome Erica to Jewish Family Services. With an MA in Jewish Education, Erica has a strong commitment to Jewish pluralism.



“Organizing social events for young Jewish adults in Ottawa who are not necessarily affiliated with the organized Jewish community is an exciting, meaningful opportunity. Bringing unaffiliated families, singles, and couples in mixed marriages into conversation with each other about defining and enhancing Jewish commitment and creating space for social events is a vision I embrace and believe I am capable of bringing to fruition.”

**It's got to be kosher — even for the homeless**  
**A kosher meal for the homeless was something special**

by Louisa Taylor, *The Ottawa Citizen* Jan 27, 2009



OTTAWA-The ballroom at Beth Shalom Synagogue is an elegant space — soaring ceilings, soothing cream-coloured decor and a stunning chandelier. It's often packed with revellers for bar mitzvahs, weddings

and anniversary parties, but yesterday it was the site of an unusual gathering: scores of cheerful volunteers serving lunch to street people, in what organizers said was the city's first kosher meal for the homeless.

Yesterday's event was not just unusual because it offered food that adhered to Jewish dietary rules, or because it was the first time an Ottawa synagogue has opened its doors to the homeless on such a scale.

It also involved an unprecedented level of co-operation between numerous agencies helping the homeless, including Christ Church Cathedral, Shepherds of Good Hope, The Salvation Army, The Mission, Centre 454 and others.

"Everybody working with homeless people has their own program, and we don't work together enough, we don't know what the other guy is doing," said Pete Cassidy, the tall, burly leader of Jewish Family Service's Street Smarts outreach program, which he describes as "addicts helping addicts." Mr. Cassidy was one of the lead organizers of the event.

"We're here today because we know that we've got to come together to take care of people."

A City of Ottawa report says that in 2007, an average of 932 people stayed in emergency shelters every night. Over the whole year, more than 7,500 people used shelters, for an average cumulative stay of 45 days.

Just a couple of dozen of those were Jews or Muslims adhering to religious diets, but being able to serve them even once is meaningful, said Angela Campbell, director of the Shepherd's of Good Hope Foundation, the fundraising arm of the Murray Street shelter.

"We do have Muslims who come through the shelter and often they can't eat what we're serving, so this is pretty special," said Ms. Campbell. "It was a fantastic meal — all the clients said it was terrific."

The guidelines for a kosher diet are extensive, and not exactly the same as the rules defining halal, the Arabic word for what is acceptable under Islamic principles. But there are several commonalities between the two

— for example, both ban eating pork and most insects, and both require similar, specific slaughtering methods.

Offering a kosher meal in the Chapel Street synagogue was a way of enabling homeless people to learn about the programs of Jewish Family

Services and about Judaism in general, said Mark Zarecki, executive director of JFS.

"We wanted to be as inclusive as possible, and also to give people an opportunity to be in a synagogue, to demystify it," Mr. Zarecki said.

The lunch of soup, green salad, kafta (ground beef and spices) and baked potato was prepared by Beth Shalom congregation member David Smith, owner of Creative Kosher Catering, using food donated by local businesses. The mood was upbeat and friendly, and by 1:30 p.m. the scores of volunteers had served more than 200 meals — a good turnout but not quite the 400 people organizers planned for. "There would be a lot more people here if it weren't for the bus strike," said Mike Martin.

Mr. Martin, 47, said he has been on the streets since his marriage ended three years ago. Summers, he works for a road crew and has a roof over his head but, come winter, he sometimes finds himself sleeping under one of the bridges over the Ottawa River.

He is an addict who uses whatever is on hand, whether it's crack or pot or something else. He chokes up as he talks about the effects of his addiction on his family and says "One thing I want to do is say hi to Jesse, Sean, Alyssa, Michael and Kyle," the grown children he has lost contact with. "This kind of thing shows that there are a lot of good people, a lot of people who give their all to help others," said Mr. Martin. "If they didn't, we wouldn't have things like this to look forward to, we wouldn't know how much people care."

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## **Jewish Family Services begins long awaited program**

*by Jeremy Miller, JFS*

On January 29, 2009, close to six month of planning came to fruition for Jewish Family Services' Decade Plus Immigrant Russian Outreach Worker Vladimir Vais. During the last six months, Vais has been busy recruiting would be leaders within Ottawa's Russian Jewish Community and contacting host agencies to allow the program participants active participation within the mainstream Jewish Community.

The first session saw close to thirty members of Ottawa's Russian Speaking Jewish Community meet at the Soloway Jewish Community Centre to learn more about the program from Mila Voihanski, Executive Director of Jewish Immigrant Aid Services (JIAS), and Ronda Wunsch, National Coordinator of the JIAS Canada Jewish Opportunity for Leadership Training (JOLT) project.

During the evening, Voihanski and Wunsch addressed four specific goals of the program: 1) to build welcoming Jewish communities through dialogue and create opportunities for Russian speaking Jewish leadership; 2) to connect Russian Jews with the local Jewish community and educate local communities about the Russian Jewish experience; 3) to enable Russian Jews to feel empowered, learn the nuts and bolts of Jewish communal leadership in Canada, and 4) to develop the practical tools and skills to become leaders in the Jewish community; and to deepen Russian Jews' own sense of Jewish identity and unite the communities.



**Leadership Bridging Cultures — JOLT training session**

Vais recognizes that there is a long road ahead of him in trying to bring the two communities closer together, but he maintains that despite the challenges, when the program succeeds it will be a tremendous benefit to the community. "Bringing the two communities together is easier said than done. There are many cultural differences between the two. In the end, by engaging both communities, encouraging dialogue and finding places for Russian leaders to participate in Jewish Community life will only strengthen the Jewish Community of Ottawa."

## **Claims Conference Announces New Assistance for Holocaust Survivors**

*by Iris Beer, JFS*

Jewish Family Services recently received a \$40,000.00 USD allocation from the Claims Conference on Jewish Material Claims Against Germany toward an in-home services program for financially vulnerable Jewish victims of Nazi Germany, for 2009.

In previous years JFS Ottawa processed financial assistance requests from survivors and submitted them to The Cummings Jewish Centre for Seniors, in Montreal. The Cummings Centre coordinated financial assistance to survivors throughout Canada outside of Toronto. The unexpected volume of Ottawa requests could not be met on the \$11,000.00 allotment set aside for Ottawa. This resulted in twenty-one survivors, in financial need, unable to access funds in 2008. Benita Goldin, Coordinator of Community Relations at The Cummings Centre, along with Iris Beer, social worker at JFS Ottawa and Laura Finkelstein, the Program Associate of Allocations at the Claims Conference worked together and determined that the Ottawa survivor community would be best served with a separate allocation to better meet the needs of this community.

Jewish Family Services of Ottawa is currently in the process of creating the infrastructure to support this allocation and extends it gratitude and appreciation to Cantor Moshe Kraus and Mrs. Malke Feig for volunteering to sit on the Advisory Committee to oversee the implementation of this allocation. Jewish Family Services of Ottawa also extends its sincere appreciation to the Claims Conference for its concern and support of Ottawa's survivor community.

This landmark pilot project is taking place in three Canadian cities; Vancouver, Calgary, and Ottawa. Based on the success of the project in these cities, it will then be replicated in larger Jewish communities in Canada and the United States. Currently, Jewish Family Services, The Jewish Federation of Ottawa, Hillel Lodge, Tamir Foundation, The Soloway Jewish Community Centre, Yitzhak Rabin High School, Hillel Academy, Cheder Rambam, and Torah Academy of Ottawa have all agreed to join in this project by allowing the participants of JOLT to find meaningful volunteer positions within their organizations.

## **Kibbitz Club Speaker RICHARD MARCEAU Draws A Crowd**

*by Jason Moscovitz*

With the truce in place in Gaza for just a few weeks, there could not have been a more topical subject for the last JFS-Beth Shalom Kibbitz Club luncheon at Beth Shalom. The result was a sell-out crowd of 65 people who came to hear Richard Marceau, Senior Advisor for Government Relations for the Canada Israel Committee.

Mr. Marceau was able to use a real life situation fresh on people's minds to first and foremost outline the important



work the Canada Israel Committee does for Israel and Canadian Jewry. It was really interesting how he explained the call to action in getting Israel's story known on Parliament Hill. With the events so close, his accounts were almost in real time and they were so vivid it gave those attending a unique perspective; as if they were there themselves.

In the aftermath of any confrontation that involves Israel, the key questions are: how well did the messages get out and how were Israeli interests protected in Canada in the aftermath of military action in Gaza.

Richard Marceau's view was overall quite positive and he made the point that Israel fared much better this time around than it did in the aftermath of the Lebanon campaign against Hezbollah in 2006. He said it is significant that there was strong recognition among Canadian politicians that it was Hamas that was responsible for starting things by firing rockets into Israel. He said although this was not a universal view in Canada, he felt much progress had been made in making it a point of view that today a great many Canadians share.

Mr. Marceau also spoke about looking ahead to some of the dangers that the Canada Israel Committee has on its radar screen in this early post Gaza period. He talked about some of the blatant anti-Semitism that could be seen in some of the anti Israel demonstrations across Canada. He said it was at a level, not in terms of numbers or frequency, but rather in ugly words that simply cannot be ignored or shrugged off as insignificant. He also noted how more and more of Israel's detractors in Canada and elsewhere now talk about 60 years of "occupation".

Marceau says that to these people, all of Israel has no right to exist.

The question period was as interesting and as informative as the presentation itself. Once again we were left with the basic message that was more optimistic than pessimistic in the short term, with signposts outlining concerns in the future.

The work of the Canada Israel Committee continues, and thanks to Richard Marceau those in attendance have a better understanding of the context and importance of it's work.

## **Honouring Our Elders**

*by Shaina Lipsey, JFS*

When we can provide opportunities for Jewish seniors to get out of the house, share a meal and maybe even learn something, we as a community all stand to benefit. Here at JFS it is our conviction that by fulfilling this need, we are serving the community well. As it is written: "v'hadarta p'nei zaken" show respect for the elderly.

Over the past year, thanks to a grant from the New Horizons for Seniors initiative, JFS has provided a varied array of English Warm Home programs for the Jewish seniors in our midst. From day trips to Montreal to visit the Yiddish Theatre or enjoying a picnic, we had the honour of sharing these experiences with the elder members of our community. Our original idea was to provide opportunities for seniors who still live at home, to break their isolation and to get out and start socializing. We've seen people that came together as strangers with a shared interest, develop into groups of caring individuals and friends who support each other in many ways. Sometimes it's sharing a ride or a recipe and sometimes it goes a little deeper and the life stories are brought out and shared. Whatever the level of interaction, the feedback from our participants has been fabulous.

In order to provide ongoing and sustainable programming and in an effort to be wherever there is need within the community, we have reached out and established partnerships with various organizations around town. You may see an advertisement for a holiday celebration at the Perley Rideau Veterans Health Centre, or perhaps we'll host a group at the Soloway JCC through the Greenberg Families Library. Whenever and wherever we meet, you can be sure that a great time will be had by all.

It is incumbent upon us all as Jews to honour the elder members of our community. Through its outreach and programming, JFS is working to fulfill this commandment.

## VOLUNTEER CORNER

**A Minute, A Call, A Visit ..... YOU can make the difference!**

**THANK YOU** to everyone who stopped by the JFS Volunteers booth on Mitzvah Day, and especially to those new recruits who stepped up to continue with acts of kindness beyond the closing ceremonies of that event.

**FRIENDLY VISITING** – *spend an hour or two weekly or bi-weekly with someone who is otherwise isolated and lonely.* Some clients we are presently seeking to match are:

- Woman in her early 80s. Parkwood Hills area. Enjoys needlework. Visit, share a project, or go on occasional outings.
- 76 year old woman. Byward Market area. Visit or outings to museums, galleries, concerts, shopping. Prefers evenings. Has 2 small dogs.
- Man in his late 80s. Rideau Street. Wife is away for the winter & needs breaks in the summer. Visit at the client's home and take for short walks.
- 83 year old female. Alta Vista area. Visits, accompany to social events, occasional outings. Client is blind and needs weekly assistance to read mail, etc.
- Man in his early 90s. Sandy Hill area. Great conversationalist. Visit or go on outings.
- 90 year old man. Campus area. Holocaust survivor who loves to tell his miraculous stories. Visit, go for walks, occasional outings.
- 94 year old male. Rideau Street. Visit, walk around Byward Market area, shop at Rideau Centre. Great conversationalist, but hard of hearing.
- Elderly woman. Orleans. Visits at her Long Term Care home. Weekly or bi-weekly basis.

**KOSHER MEALS ON WHEELS (KMOW)** – Replacement drivers are needed on an occasional basis to pick up meals at Hillel Lodge at 10:15 am on Mondays, Wednesdays &/or Fridays and deliver to approximately 4-5 clients in either the West End, Downtown, or the Alta Vista areas.

**TRANSPORTATION** – *Join our transportation team! Some requests are on a regular weekly or monthly basis, but most are ad hoc.*

- Last Thursday of every month. Rideau Street. Drives both to and from JFS offices on Carling. Program runs 10:00 – 11:30am.
- As-needed. Various areas of the city. Transportation and/or assistance to do groceries.
- As-needed. Alta Vista, Downtown, Sandy Hill, Market, Rideau Street, Riverside Hospital areas.

**DRIVERS ARE NEEDED to take seniors to and from our monthly Senior Luncheon Programs.**

- **Beth Shalom Synagogue** 1st Wednesday of the month 12:00pm – 1:30pm
- **Agudath Israel Congregation** 3rd Thursday of the month 12:00pm – 1:30pm
- **Machzikei Hadas Congregation** 4th Wednesday of the month 12:00pm - 1:30pm

**ADDITIONAL NEEDS:**

- We need **PRESENTERS** for programs—come share your talents and expertise!
- Volunteers are needed for **JFS SPECIAL EVENTS**.
- **OFFICE HELP** is needed for jobs such as mailings, filing, and calling.

If you have some time available, we have the people who need it most. For the honour of performing any of these mitzvot, **please contact the JFS Volunteer Desk at 613.722.2225, ext. 327 or [Lbogdonov@jfsottawa.com](mailto:Lbogdonov@jfsottawa.com).**

Likewise, if you are in need of any of the services mentioned, please let us know.

### WELCOME TO OUR NEW VOLUNTEERS!

**Ian Grabina**      **Howard Sandler**  
**Chana Krevsky**      **Gloria Schwartz**  
**Lisa Levitt**      **Paul Shashev**  
**Jason Moscovitz**      **Fortunée Shugar**

**SPECIAL THANKS to those new people who came forward to help out during the bus strike:**

**Valeria Dardyk**  
**Len Goldberg**  
**Sylvia Greenspoon**  
**Cindy Vander Hayden**

# JEWISH FAMILY SERVICES would like to thank the following for their generous donations

Made between December 2, 2008 and March 3, 2009. *WE APOLOGIZE FOR ANY ERRORS OR OMISSIONS*

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	Jacob Guttman	Jeremy & Ariella Miller		
	Merle Haltrecht-Matte	Stephan & Millie Mirsky		
	Hartman Foundation			

## Let Jewish Family Services of Ottawa help you fulfill the Mitzvah of Matanot Le'evyonim.

Through the Ezra Fund, Jewish Family Services of Ottawa guarantees that 100% of all funds collected for Matanot Le'evyonim will be distributed on Purim day.

Donations will be collected on Purim Night or by calling Jewish Family Services in advance @ 613-722-2225

*The "Ezra Fund" was established by Jewish Family Services of Ottawa as an emergency poverty relief fund to help those in our community that are in crisis.*

**Bringing Dignity and Comfort to the people who need it the most.**

***We pledge not to turn away any Jewish person in need.***

**In Touch with the Community**

**JFS 10th Annual Community Seder**

Everyone is welcome!

This abridged service designed with younger children and older adults in mind will be primarily in English with Hebrew blessings

**Wednesday, April 8, 2009** Cost: \$30.00/adult \$20 child (under 12)  
**Central Park Lodge** JFS Discount Card Holders:  
**2370 Carling Avenue** \$7/adult \$5/child (family rate available)  
**7:00PM**

**RESERVE BY: April 3**

**WHEELCHAIR ACCESSIBLE TRANSPORTATION AVAILABLE -**  
 arrange by April 1

**Food is prepared under kosher supervision and reheated at the event**

Can't make it? Why not sponsor a meal for someone in need?

**For more information and reservations, please call Lisa**  
 at (613) 722-2225 x327, lbogdonov@jfsottawa.com



**4th Annual Shalom BAYIT WOMEN'S SEDER**

Thursday, April 2, 2009  
 Agudath Israel Congregation  
 1400 Coldrey Avenue @ 6:00PM

Tickets: \$36.00, Students: \$18.00  
 Reserve by March 27th

Please consider sponsoring a ticket for a woman who would otherwise be unable to attend  
 For tickets, call 613 722-2225 or email scaspi@jfsottawa.com

**Monthly Seniors Luncheon Programs**

**NEW PROGRAM**  
 meets 4th Wednesday  
 of the month at



**Congregation Machzekei Hadas**

**The Kibbitz Club**  
 meets 1st Thursday  
 of the month at



**Congregation Beth Shalom**

**Let's Do Lunch**  
 meets 3rd Wednesday  
 of the month at



**Congregation Agudath Israel**

Kosher catered food entertainment come socialize

**For more information, please contact Shaina at 613 722-2225 ext. 325.**

**Our YIDDISH SPEAKING GROUP** לאמיר ריידן יידיש  
 meets the 4th Thursday of every month.

For more information, please contact Shaina at 613 722-2225 ext. 325.

**I want to make sure no Jewish person is alone!**

**EZRA CAMPAIGN**

The Jewish Community's  
 Emergency Relief Fund

**OUR PLEDGE:**  
 Not to turn away any  
 Jewish person in need.

Dear friend,

100% of EZRA Campaign funds  
 go directly to emergency assistance!

Last year we were hit with one of the worst winters in recent memory. Most of us were concerned about where we were going to put the snow and how to get to work. Many unfortunate members of our community had to deal with much more...extra heating bills,

When times are tough your generous donations make it possible to help our Jewish neighbours in their time of need. EZRA is the Jewish community's only emergency relief fund...100% of your donations go directly to people faced with crisis. Thanks to your commitment, Jewish Family Services provided over \$355,000 in direct emergency relief last year.

The team at Jewish Family Services has upheld our pledge...  
 "Not To Turn Away Any Jewish Person In Need."



**TO DONATE TO THE EZRA CAMPAIGN,**  
 please call our offices at 613 722-2225 or visit our website [www.jfsottawa.com](http://www.jfsottawa.com)

**HAVE JFS SEND A MITZVAH CARD FOR YOU!**

A tribute card from Jewish Family Services demonstrates your commitment and support to the less fortunate members of the Ottawa Jewish Community.

These beautiful cards are available in three styles - blue, silver, or gold.  
 The back of each card acknowledges a donation made to JFS.  
 The inside of the card contains your personalized message.



Blue card - suggested minimum donation of \$18.00  
 Silver card - suggested minimum donation of \$54.00  
 Gold card - suggested minimum donation of \$100.00

**To order, please call Helen at 613 722-2225**



**JFS is in need of a HANDICAP ACCESSIBLE VAN** to help meet the transportation needs of our clients

If you can help, please call our offices

**Jewish Family Services of Ottawa**  
**Centre Juif de services familiaux d'Ottawa**  
**Еврейский Центр Социальной Службы**  
 Newsletter editor:  
 Rena Herman, rherman@jfsottawa.com

**CONTACT US:**  
 by phone: 613 722-2225  
 by fax: 613 722-7570  
 online: [www.jfsottawa.com](http://www.jfsottawa.com)  
 by mail: 300 - 2255 Carling Ave  
 Ottawa, ON K2B 7Z5

**Program Manager for the Thelma Steinman Senior Services Unit**

We are seeking a dynamic professional social work manager for the seniors unit to oversee all operations in the unit. Responsibilities include the volunteer coordination, meal programs, outreach programs, advocacy, caregiver support, case management, intake and supervision of the counseling for seniors and adults with disabilities. The manager is responsible for annual performance evaluations of unit staff, program evaluation and development, community outreach, strategic planning and reporting to funders.

**Qualifications:**

- MSW or related human service graduate degree
  - Eligibility with professional regulatory body such as OCSWSSW
  - 3 years experience working with seniors and adults with disabilities
  - 2 years experience in supervision and/or management
  - Knowledge of and sensitivity to Jewish community, culture and traditions
  - Familiar with issues related to aging and retirement
  - Knowledge of seniors' resources and services in Ottawa
  - Familiar with the strategic direction of the Local Health Integrated Network
  - Experience with grant application process and annual submission to funders
  - Excellent communications skills, written and oral
- Resume and covering letter outlining relevant qualifications must be received by: **March 13, 2009**

**DR. SIMI SILVER**  
 COSMETIC & FAMILY DENTIST

1081 CARLING AVE., SUITE 205  
 OTTAWA, ON K1Y 4G2  
 (613) 829-5921